

PRESS KIT

Brides-les-Bains

A sports and wellbeing destination
in Les 3 Vallées



WINTER 2025-2026

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editorial

Welcome to Brides-les-Bains!

This resort is nestled in the heart of Les 3 Vallées, at the gateway to the Vanoise National Park at an altitude of 600 metres. It is a lively village all year round. Here, you can take your time. Time to breathe, to go at your own pace, to savour the moment and to reconnect with what matters most. This simple, authentic lifestyle is what our visitors come here for, in search of wellbeing, nature and a truly unique experience.

Between December and April, the resort welcomes visitors looking for a mountain getaway on an affordable budget. Brides-les-Bains is the kind of place that people like to keep to themselves: a charming, accessible village with direct and privileged access to Les 3 Vallées, the world's largest ski area. In just twenty minutes, the Olympe cable car takes skiers to 600 km of pistes and a multitude of activities. And here's a little exclusive... the Olympe cable car station is currently being renovated (we'll tell you all about the new features in the following pages!)

From March to October, the ski season gradually draws to a close and the resort takes on a different pace. Until April, you can keep on enjoying the slopes while treating yourself to a spa break or wellness programme, before the summer gets into full swing. The summer season combines health, regeneration and vitality with a wide range of outdoor sports activities. Whether you are a spa lover or simply want to improve your health, Brides-les-Bains is the ideal place to recharge your batteries. This resort is recognised as the leading spa resort for lasting weight loss, and offers the perfect environment for regaining balance and energy.

In Brides-les-Bains, the base camp for Les 3 Vallées, every stay promises a unique experience, combining shared moments and personal goals, always with pleasure in mind.

See you on 13 December for the start of the winter season!



Géraldine Charvin,
Director of the Brides-les-Bains
Tourist Office

A FRIENDLY VILLAGE COMBINING SPORTS AND WELLBEING

Brides-les-Bains is **both a spa resort and ski village**, set in an exceptional geographical location. The resort is part of the 3 Vallées ski area and is the perfect destination for sports, relaxation and wellbeing in a magnificent setting, all year round. The resort boasts a wide range of sporting, leisure, cultural and recreational activities for weekends or holidays.

The village offers a wide choice of accommodation to suit all budgets, with over 5,000 beds available. Visitors can enjoy a wide variety of outdoor activities all within easy reach of Brides-les-Bains: snowshoeing, sledging, hiking, snowmobiling, dog sledding, and more. There is also plenty going on in the village itself, with cinema screenings, concerts, relaxation sessions, mulled wine tastings, a casino, and more.

Health and well-being are central to the identity of the village. Brides-les-Bains is a spa village specialising in thermal cures for weight problems and rheumatism.

With a 600m² Aquatic Centre and 500m² Relaxation Zone, the Grand Spa Thermal at Brides-les-Bains is the largest in the Alps, welcoming visitors to relax, take care of their health and enjoy targeted programmes and a range of treatments.

Example: Déclic Stay, Booster Stay, Méno-Pause Stay

Brides-les-Bains also draws sports enthusiasts and winter sports lovers thanks to the 600 km of pistes in the 3 Vallées ski area. Nearly half of the pistes are designed for beginners and amateur skiers, while the rest are dedicated to experienced skiers, so everyone can enjoy the great outdoors, unique panoramic views, and quality time with family or friends. With 85% of the ski area above 1800m, Les 3 Vallées offers 5 months of guaranteed skiing, from the beginning of December to the end of April, to the delight of all skiers.

KEY FIGURES

600
metres altitude



Direct access to the ski slopes in

20
minutes
by cable car



A friendly,
practical village, of

2.63 km²
All within walking distance!

More than
5,000 beds
available for tourists



Les 3 Vallées
– The largest ski area in the world –

600 km
of pistes



10 minutes

from the Moutiers -
Salins - Brides-les-Bains
train station by shuttle

A skier in a blue jacket and yellow goggles is skiing down a snowy mountain slope. The skier is wearing white pants and black ski boots. The background shows a vast, snow-covered mountain range under a clear sky. The text is overlaid on the image in white and blue boxes.

AN ACCESSIBLE VILLAGE PRIVILEGED ACCESS TO LES 3 VALLÉES

Thanks to its prime location as a resort in Les 3 Vallées, Brides-les-Bains has become a favourite destination for holidaymakers who want to enjoy the world's largest ski area while keeping an eye on their budget.

ACCESSIBLE

SURROUNDINGS



The resort offers a wide range of accommodation options that are 30% to 50% cheaper than those in higher altitude resorts.

Visitors can choose from over 5,000 beds available in 2 to 4 star hotels, residences and youth hostels. The Olympe cable car provides a direct link from the centre of the village of Brides-les-Bains, taking you to the world's largest ski area, Les 3 Vallées, with 600 km of pistes and nearly 160 ski lifts, in just 20 minutes.

A RESORT FOR WINTER SPORTS ENTHUSIASTS

The area is ideal for ski lovers, families or friends. It is made up of 50% green and blue pistes, making it suitable for both beginners and experts. 85% of the area is above 1800m altitude, providing excellent snow cover.

Skiers will love the diversity of the 600 km of pistes (and 110 km of cross-country pistes), 5 snow parks, 37 fun areas and 25 accessible peaks.



Everything you need is at the heart of the village of Brides-les-Bains:

you can hire or buy ski equipment (skis, ski boots, snowboards, etc.) in specialist shops, as well as purchase your ski pass and book ski lessons. Then all you have to do is take the cable car and enjoy the slopes. With an area of 2.63 km², everything in Brides-les-Bains is within walking distance!

NEW FOR 2025!

RENOVATION OF THE

OLYMPE CABLE CAR STATION!

The Olympe cable car is a legacy of the 1992 Winter Olympics in Albertville, and helped Brides-les-Bains develop its position as a 3 Vallées ski village. It provides access to the world's largest ski area, both in winter and summer.

Méribel Alpina (Compagnie des Alpes) is stepping up its commitment to improving customer comfort and experience by launching a major refurbishment of the Olympe cable car departure station in Brides-les-Bains in spring 2025. The aim of this project is to strengthen the position of the Brides-les-Bains cable car as a key lift in the valley and as the entry point to the Vallée des Allues and the 3 Vallées ski area.

This project aims to modernise the infrastructure, facilitate accessibility and optimise the customer experience. **Pedestrian access to the building** will be improved via a series of escalators and a lift, in order to streamline movement, **optimise navigation** to the various services and ensure **access for people with reduced mobility**. The renovation also includes **the installation of automated ski lockers**, the creation of an indoor sales area with vending machines, and refurbishment of the public toilets.

Architecturally, **the building will be better integrated into its surroundings** through the addition of large glass windows to maximise natural light.

***Méribel Alpina investment:
€2.9 million***

***Come and visit in December 2025 to see the new facilities
Open from 13 December to 10 April from 7.45 am to 5.30 pm daily***



ALEXANDRE BOUET

MANAGING DIRECTOR OF MÉRIBEL ALPINA



“The Olympe cable car was built for the 1992 Olympic Games and had a mechanical upgrade in 2021, with all 133 cabins replaced to improve comfort for our customers.

This time, the departure station of the cable car in Brides-les-Bains is undergoing a major renovation and modernisation, reflecting the importance of this valley lift, which is used every winter by tens of thousands of customers and residents. This is the first phase of a comprehensive redevelopment project to be completed in 2027, including an additional car park with around 200 spaces and a mechanised link between the car park and the cable car.”

HIGHLIGHTS IN LES 3 VALLÉES



The magic of a fondue tasting in a natural igloo

An unforgettable evening awaits! A climb of about an hour to reach a beautiful clearing and sample a Reblochon fondue, accompanied by Savoie wines and apple juice, before heading back down a fun route through the powdery snow.



Connect with nature and animals

The traditional dog sled ride is a treat for young and old alike! The beauty of the exceptional surroundings adds to the experience: an ideal way to experience the mountains from a different perspective.



A WIDE RANGE OF ACTIVITIES TO SATISFY ALL TASTES

From dog sledding to Nordic skiing, the resort offers a wide range of activities to enjoy alone, with friends or with family.

With its 600km of pistes, the world's largest ski area is popular with winter sports enthusiasts who enjoy downhill, Nordic and cross-country skiing, as well as sledging, snowboarding, snowshoeing and walking. Les 3 Vallées offers 43 fun areas for winter sports enthusiasts, as well as spectacular views: a snow park, parallel slalom or relaxation area, an animal trail and yeti camp for youngsters. There's something for everyone to enjoy, and you'll leave with a smile on your face.

In partnership with the ESF, Brides-les-Bains is offering a special skiing package (for beginners, intermediate and advanced skiers): Discover the ski area on Sunday.

The idea is simple: explore Les 3 Vallées with an instructor to learn the main runs, receive personalised advice and make the most of your stay by yourself afterwards.



A DIFFERENT KIND OF MOUNTAIN EXPERIENCE

The area offers a wide range of activities: walks in the Vanoise National Park, fat bike rides, snowshoeing, ice climbing, zip-lining, walks in the woods, peaceful yet active getaways to recharge your batteries in nature.

All activities can be found at:
<https://www.brides-les-bains.com/hiver/activites/>

AFTER ALL THAT EXERCISE, IT'S TIME TO RELAX

Brides-les-Bains offers a wide range of free activities and entertainment for young and old alike: mulled wine or hot chocolate in the village centre, open-air film screenings, concerts and DJ sets, ice sculpture demonstrations, leisurely walks to explore the village and its surroundings, or a visit to the Brides-les-Bains casino.

As for restaurants, visitors can enjoy special events and entertainment organised by the resort's professionals at Bis'Trop Savoyard, La Fabrik and Relief, or in the resort's hotels and bars.

A PERSONALISED HOLIDAY ROADBOOK

For a seamless, personalised experience and maximum enjoyment of your stay.

Brides-les-Bains offers the RoadBook experience. The app is accessible 24 hours a day and provides real-time information on events and activities.

Note:
you can personalise the
content to suit your preferences.

<https://roadbook.brides-les-bains.com>



A WIDE RANGE OF ACCOMMODATION



MARTINE CHEDAL

DIRECTOR OF ALTIS VAL VERT AND PRESIDENT
OF THE BRIDES-LES-BAINS HOTELIERS' ASSOCIATION

“What we love about Brides-les-Bains is the way it allows us to be somewhere else while still feeling at home, like being in a haven of wellbeing. It’s a charming little village where everything is close by. Everything is within walking distance: the thermal baths, the cinema, the casino and the shops.

Coming to Brides-les-Bains means treating yourself to a break from the stresses of everyday life.

In winter, around 65% of our customers are foreign, and they are coming back more and more regularly. While the average length of stay has not necessarily increased, we are seeing a real increase in customer loyalty.

One of the reasons for this success is the very attractive value for money: for the same services, prices can be up to 50% lower than those in high-altitude resorts. Brides-les-Bains also offers greater flexibility, with stays shorter than the traditional week and arrival possible on days other than Saturdays.

In winter, visitors come primarily to ski and make the most of their stay in Les 3 Vallées via the Olympe cable car, but some also come to enjoy the charm of the village while their families ski in the surrounding resorts. One foreign guest told us how much she enjoyed walking around the village, watching scenes of local life such as children getting out of school, and soaking up French traditions in a peaceful setting.

And even though winter is busier and stays are shorter, many visitors enjoy coming back to Brides at the end of the day to enjoy a quieter setting, away from the hustle and bustle of the resorts. Many return to the hotel L’Altis to relax, enjoy the entertainment or simply the comfort of the establishment.”

BUSINESSES COMMITTED TO THE ENVIRONMENT

The hotels and restaurants in Brides-les-Bains are especially attentive to preserving the environment, as part of their CSR approach.

Professionals in the restaurant and accommodation sectors have undertaken a number of initiatives, including removing chemical products, implementing a circular economy, reducing energy consumption, eliminating plastic from hotel rooms, sourcing bio-based and local products, and managing waste.



Le Golf Hôtel awarded the Clef Verte label, the leading international ecolabel for sustainable tourism

Le Golf Hôtel**** has been awarded the Clef Verte label, a first for Les 3 Vallées! This international label, developed by the Teragir association, has been recognising tourist establishments committed to rigorous environmental practices for over 20 years. It embodies an ambitious vision of tourism, combining quality, responsibility and sustainable development through 180 criteria.

In an environment where climate change is particularly relevant, this recognition demonstrates the commitment of Le Golf Hôtel teams to reducing their impact and operating responsibly. This success is the result of the commitment and efforts of all the hotel's employees to gradually transform the sector; a necessary step to ensure its sustainability in the years to come. The measures put in place include a preference for short supply chains and local partners, recycling soap through the Sapocycle initiative, introducing reusable containers, installing a new composting system and a rainwater collection tank, and preserving the surrounding biodiversity.

NEW ACCOMMODATION

B&B Home: an authentic and welcoming stay

B&B Home opened in 2025 and is designed to be a welcoming retreat, nestled in the heart of Brides-les-Bains. The idea is simple: to offer welcoming, accessible and sincere accommodation, as if you were at home. The 102 rooms are designed to suit all travellers, with double, triple and family rooms, and even a large 10-person dormitory, ideal for groups, friends or sports trips. The atmosphere is authentic, with tasteful décor.

The establishment offers practical and user-friendly services for extended stays, such as a shared kitchen, laundry facilities, games areas, a library and even a gym. **B&B Home cultivates simplicity, proximity and the pleasure of hospitality:** it is a place where we take care of the planet as well as our own home.

“

“At B&B Home in Brides-les-Bains, we want to offer our guests a friendly space, just like home, open and adapted to all seasons, where you can recharge your batteries in nature, enjoy the 3 Vallées ski area or the region’s famous mountain passes by bike, or simply relax in the thermal baths. We welcome a diverse clientele: families, sports enthusiasts, spa guests and local workers. We are committed to the environment and local economic development, favouring organic, local and seasonal products through a network of dedicated partners. We are reducing our environmental impact in a positive and pragmatic way. Our vision is to become a sustainable, inclusive and community-minded place, ideal for responsible tourism all year round”

Sophie Donabedian,
CSR Director, B&B Hôtels Group.

”

Hi Brides-les-Bains: a new youth hostel in the resort

In December 2025, the Hi Brides-les-Bains youth hostel will be opening its doors to welcome visitors to a peaceful setting with breathtaking views of the mountains. This hostel offers friendly shared accommodation at affordable prices, while guaranteeing comfortable and modern facilities in keeping with the spirit of Brides-les-Bains. The establishment has already forged a host of local partnerships (with associations, local authorities, mission-driven companies, etc.) and caters to a wide range of customers: tourists (families, groups of friends, travellers, etc.), school groups and holiday camps, associations, sports and cultural groups, spa guests, and more.

The hostel is located a stone's throw from the Tourist Office and has 88 beds, with common areas, meeting rooms, a ski room and a restaurant. From 2026, the swimming pool will be open to the general public and a chalet snack bar will open its doors.

Hi Brides-les-Bains is committed to CSR and places a strong emphasis on sustainable development by promoting short supply chains, energy savings, environmentally friendly materials, and rainwater collection.



Chalet Sorbiers: a private chalet with butler

The latest addition to the “Résidences Alticimes” family is a unique and new property in Brides-les-Bains. This timeless and exclusive 190m² chalet can accommodate up to 10 people with its 4 bedrooms, equipment room and 4 bathrooms. It features a terrace and garden with breathtaking views of the Grand-Bec and a sauna, a games room with table football, a garage connected to the chalet, and a ski room with boot dryer and ski rack. In winter, the chalet offers a range of unique additional services: breakfasts served in the chalet, a butler on hand every morning, a single contact person (the chalet manager) available daily in front of the chalet for any queries you may have during your stay.

A PRIME SPOT FOR HIGH-LEVEL SPORT

Brides-les-Bains is a favourite destination for sports enthusiasts. The ski village has become a springboard for young athletes.



A PLAYGROUND ACCESSIBLE ALL YEAR ROUND

In both summer and winter, sports teams come to Brides-les-Bains to enjoy the region's assets and infrastructure.

The Brooks Trail Project aims to provide young trail runners aged between 15 and 21 with comprehensive training to enable them to become international-level athletes. The training programme covers all aspects of preparation, from training and nutrition to physical and mental preparation. The entire community of Brides-les-Bains is behind this partnership, providing expertise and nutritional advice, as well as recommendations on the best routes for trail runners.

THE IDEAL LOCATION FOR FUTURE PROFESSIONAL SKIERS

Brides-les-Bains' prime location as part of the 3 Vallées ski area makes it the perfect destination for athletes who want to train in the world's largest ski area.

Orsatus Ski Racing is an association founded in Brides-les-Bains that trains and coaches skiers aged 16 to 25 (French or foreign) who are not supported by their federation or committee.

The organisation helps passionate alpine skiers to flourish, express their full potential and enjoy a sporting career that teaches them valuable life lessons and builds a positive future, regardless of their individual potential. Orsatus Ski Racing was founded by brothers Alexandre and Jean-Baptiste Fourrat, both sports directors, with the aim of offering a second chance to young, passionate skiers and helping experienced athletes reach the next level.

Since it was founded 14 years ago, the ski academy has welcomed nearly 900 athletes from 16 different nations. Over the last five years, around ten athletes from Team Orsatus have joined the French national team.

Since the 1992 Albertville Olympic Games, when Brides-les-Bains was the "Olympic village", the town has been accustomed to welcoming athletes, media and tourists from all over the world for competitions.



TAKING CARE OF YOUR HEALTH

With over 170 years' experience in thermal treatments, Brides-les-Bains is France's leading spa resort, and is renowned for its treatments designed to achieve lasting weight loss. But the Thermes de Brides-les-Bains is also home to the Grand Spa Thermal, one of the largest spas in France, offering mini cures and longer stays to meet a range of wellness needs.

Relaxing and letting go in the heart of the Alps

The Grand Spa Thermal (open from 26 December to 21 March and again from 23 March to 31 October) offers 2700 m² of treatment and relaxation areas, where you can enjoy wellness and prevention programmes over several days, such as the Déclic or Méno'Pause stays. Sports enthusiasts will also appreciate being able to recharge their batteries after their workout: the hammam, sauna and aromatic herbal steam baths offer everyone a moment of wellbeing.

An 18-metre-long leisure pool offers a wide range of water activities, with two indoor and two outdoor jacuzzis, two bubble areas, underwater jets, six gooseneck fountains and other water features, and a 25-metre-long swimming lane.

The centre offers professional support, tailor-made treatments to lighten the body and mind, and a wide range of exclusive activities and treatments.

From Christmas to Easter, Brides-les-Bains is the perfect place to enjoy the mountain environment for skiing and/or relaxation.

After a morning or a day of skiing, your legs can feel heavy. There's nothing like steam to help you relax and recuperate! If you want to wake up feeling refreshed the next day, the Grand Spa Thermal offers a wide range of massages for all tastes: world massages, relaxation massages, relaxing leg massages, post-ski massages, lymphatic drainage, foot reflexology, nourishing wraps, and more.

From 23 March to 31 October 2026, the health professionals at the Thermes de Brides-les-Bains will be offering their expertise to spa guests and customers through individual consultations, themed conferences, cooking workshops, gentle physical activity programmes, and more.

A 100% personalised programme! In March, visitors can combine snow sports and spa treatments, catering to the needs of everyone in the group.



Try this for a refreshing pick-me-up:

ice showers and
the frost fountain

NOT TO BE MISSED DURING THE SPA SEASON

The “Reflet de soie” stay

A special beauty programme featuring a range of state-of-the-art face and body treatments to care for your skin and enhance your appearance. The Reflet de soie stay includes targeted beauty treatments, an affusion massage to discover the benefits of Brides-les-Bains thermal water and unlimited access to relaxation activities throughout your stay.

Mini cures, to restore energy and vitality during a short stay

The 5-day mini cures combine the benefits of spa therapy and relaxation, with four spa treatments per day (jet shower, aerobath, penetrating shower, etc.), to boost your health thanks to the virtues of thermal water. A revitalising break with immediate effects!

The Meno'Pause stay

This stay is designed to help women with limited time to approach this transitional period of hormonal upheaval with peace of mind and benefit from tailored care. Over five days, a team of professionals will provide answers and dedicated care. A stay with immediate benefits, allowing you to regain a better quality of life through a programme comprising more than 35 treatments and activities dedicated to women in perimenopause.



CAROLINE LEFÈVRE

HYDROTHERAPY MASSAGE THERAPIST AT THE
GRAND SPA THERMAL IN BRIDES-LES-BAINS.

“After training as a hydrotherapist, I started working in thalassotherapy in Banyuls-sur-Mer, then on the Île de Ré, before joining the team at the Grand Spa Thermal in Brides-les-Bains, where I have been working for ten years. I am delighted to have settled in the region: I love hiking and the landscapes are truly breathtaking. The locals are very welcoming and it’s a lively village all year round, so there’s never a dull moment! I really enjoy my work. I like making customers happy and relieving their pain; it’s very rewarding. Listening is a very important part of my job: you have to understand people’s conditions, their state of mind and their ailments in order to provide the best possible relief. We support people and recommend treatments based on these discussions. Our customers are loyal, and we often see them come back year after year because they are satisfied with the treatments, the spa and the exceptional setting they find here. Personally, my favourite treatments to give are relaxation massages (a massage tailored to the client’s needs to ensure tension is relieved) and jet bath massages (a deep, targeted massage of the body, immersed in a bath with a thermal water jet, for a purifying, anti-cellulite and relaxing effect).”

THE ART OF EATING WELL AND GETTING MOVING

A diet label

The Diet Label was created in 2013 and is coordinated by the Tourist Office via an internal steering committee.

It brings together socio-professionals around the resort’s thermal philosophy and its long-standing focus on weight loss and health. Every three years, eight certified establishments formally commit to offering health-conscious menus from the start of the spa season in March. They agree to be monitored and supported in order to meet the requirements of a demanding set of standards comprising 57 criteria.

Sport and movement as a source of pleasure.

From March onwards, the Town Hall offers more than 50 hours of activities each week to help residents keep fit and share special moments and new experiences. It provides a lively and invigorating exploration of stress management, muscle toning, entertainment and artistic expression.

A LIVELY RESORT ALL YEAR ROUND

As a year-round destination, Brides-les-Bains welcomes visitors in both summer and winter. The accommodation used by spa guests during the summer months is used by winter sports enthusiasts in the colder months. Each establishment is therefore open all year round. Brides-les-Bains offers everything you need for a relaxing holiday focused on wellbeing and nature. The emphasis is on sustainable travel, respecting the environment and taking the time to discover the region.

REDUCE YOUR CARBON FOOTPRINT

According to ADEME, transport is the leading cause of pollution linked to winter sports (more than 50% of a resort's CO₂ emissions).

In fact, a Londoner emits around 61.7 kg of CO₂ if they come by plane and then taxi, compared with just 5.0 kg of CO₂ if they choose the train and then the bus. For a low-carbon holiday, there is nothing better than travelling by train, via the Moûtiers - Salins - Brides-Les-Bains station.

It is located just 6 km from the village centre and is served by a shuttle bus.



Note:

La Compagnie des Alpes, through its tour operator Travelski, has announced the return of the Paris - Bourg-Saint-Maurice night train for the 2025-2026 winter season. The service will offer 14 return trips between 19 December 2025 and 20 March 2026, with departures on Friday evenings and returns on Saturday evenings. On board, 660 berths spread over eleven carriages will transport skiers and their gear to the Haute-Tarentaise resorts, stopping at the Aime, Moûtiers and Bourg-Saint-Maurice stations.

Once you arrive, there is no need for a car, as everything is within walking distance in the 2.63 km² area of Brides-les-Bains, including hotels, restaurants, spas and activities, as well as the ski slopes, accessible via the cable car.

OUR

RECOMMENDATIONS

*Our favourite places to stay
and dine in Brides-les-Bains.*



DAVID FALLETTA

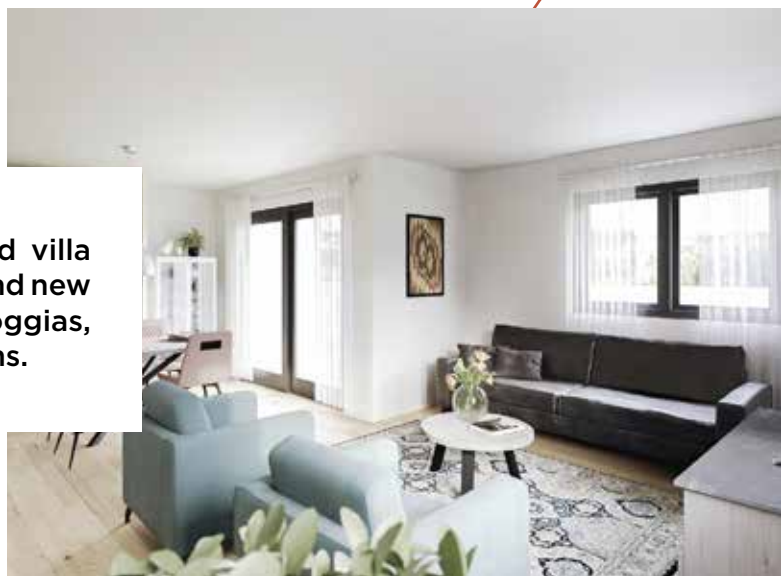
OWNER OF BIS'TROP SAVOYARD

"I remember the first winters in Brides-les-Bains, the first tour operators, and I want the resort to remain attractive. What sets us apart is our friendliness. People sense this and it's what they come back for. Brides-les-Bains is quite small, it's a village on a human scale, so our interaction with tourists is simple and friendly. By analysing where our customers come from, we can tailor our entertainment to suit. Some weeks are very rock and roll, while others are more mellow or typically French. We also organise four jam sessions a year, every three months, in summer and winter, which are very popular. This winter, we are looking to broaden our offering even further with slightly different groups, such as gypsy jazz and gospel. Brides-les-Bains is quite accessible, which allows tourists to enjoy activities other than skiing, such as going out (bars, casino, etc.). This is one of the resort's great advantages. They can also treat themselves to a restaurant serving local produce in a friendly atmosphere."

HOTELS

Résidence Méri-Bellecombe

Located between the town centre and the old villa district, this exclusive building comprises 22 brand new apartments, each with spacious balconies or loggias, fully equipped kitchens and luxurious bathrooms.



Hôtel des Alpes**

The Hôtel des Alpes offers a warm, family atmosphere and is located 50 metres from the Olympe cable car. It has 26 comfortable rooms. The restaurant serves traditional cuisine with regional specialities.

Hôtel les Chalets***

Hôtel les Chalets is the ideal place to recharge your batteries in a lush green setting. In 2024, the hotel was awarded Tripadvisor's Certificate of Excellence and Traveller's Choice Award, as well as Booking.com's Traveller Review Award.



BARS & RESTAURANTS

Lounge Bar at the Hôtel du Golf

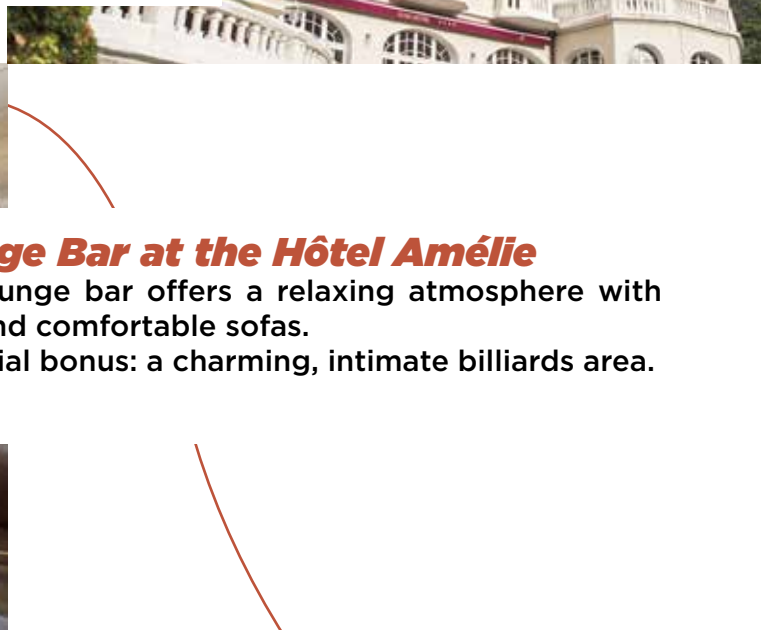
An Art Deco lounge in a historic building in Brides, offering the ideal friendly atmosphere to enjoy your holiday and reflect on your day's skiing over a refreshing beer or a fabulous cocktail, looking out over the magnificent snow-capped Vanoise mountains.



Lounge Bar at the Hôtel Amélie

This lounge bar offers a relaxing atmosphere with cosy and comfortable sofas.

A special bonus: a charming, intimate billiards area.



Les Voûtes du Parc

This bar is located in the heart of the spa resort and welcomes visitors with a warm atmosphere. With its verdant setting and welcoming terrace, Les Voûtes du Parc is perfect for a relaxing break, enjoying local and organic products, with a varied menu of drinks and tapas.



The Casino des 3 Vallées

The perfect place in Brides-les-Bains to try and hit the jackpot! From slot machines to the bar and restaurant, everyone can enjoy a moment of fun and relaxation.

LET'S GO!

TRAIN

Moûtiers - Salins - Brides-les-Bains TGV station

6 km away

SNCF: www.sncf-connect.com

CAR

Motorway and expressway up to 6 km of Brides-les-Bains.

Then head towards Vallée de Bozel / Brides-les-Bains.

PLANE

AIRPORTS

• Lyon St Exupéry / 150 km (1hr 40)

lyonaeroports.com

• Geneva / 120 km (2hr)

gva.ch

• Chambéry / 90 km (1hr 15)

chambery-airport.com

• Grenoble / 160 km (1hr 50)

grenoble-airport.com

For all bus connections from the main airports:

altibus.com

TAXI

Find the full list on brides-les-bains.com

BUS

Moûtiers bus station: ALTIBUS

altibus.com

PRIVATE SHUTTLE

All airports are accessible by private shuttle. These shuttles offer greater flexibility in terms of timetables, at a better price than private taxis.



To book your holiday in Brides-les-Bains, go to <https://www.blb-travel.com/>



Press space for
all press releases and press kits:
<https://www.brides-les-bains.com/espace-presse-pro/>

Canto photo library:
<https://les3vallees.canto.global/v/media/>



**We look forward to seeing you
in Brides-les-Bains**

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Christophe Stramba-Badiali, Paul Besson, Arthur Bertrand, Alexis Brot, Sylvain Aymoz,
Chris König, Orsatus**